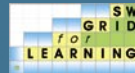


to help protect your children  
when they are using the  
internet

remember  
the  
**GOLDen**  
rules

the Internet can take you anywhere ... do you know where your children are tonight?

Dorset Police





# Safe

[www.swgfl.org.uk/safe](http://www.swgfl.org.uk/safe)



## Ground rules

- how should the internet be used in your home?
- keep information private - think, would I tell this to a stranger?
- agree rules about meeting online 'friends' in real life
- generally - if not acceptable in real life it shouldn't be acceptable on line

## Online safety

- anti-virus and parental monitoring systems
- online safety guides
- activate security and privacy settings

## Location

- internet access should be in a family room, rather than a bedroom
- be aware that devices such as gaming consoles or mobile phones can access the internet
- or via a neighbour's wireless network

## Dialogue

- share the experience
- get them to teach you - this is better than any course you can go on
- ensure they are happy to talk to you if they have a problem or feel uncomfortable

Dorset Police

